



# Blue Ledge Meals on Wheels

*Serving the community, one meal at a time*



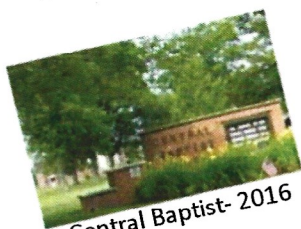
Amherst Baptist- 2013



Amherst Presbyterian- 2014



Ascension Episcopal- 2022



Central Baptist- 2016



Clifford Baptist- 2017



Emmanuel Baptist- 2017

Amazing things happen when a non-profit organization, Blue Ledge Meals on Wheels (MOW), has the support of eleven churches to feed those in need in Amherst County.

We have been so blessed to have commercial vendors prepare meals for us since our start up in 2007 and since June of 2013 Amherst County churches have been preparing and donating meals.

Since we are not federal or state supported, we rely on grants, client participation, and donations to keep our organization in operation.

Ten years ago, Amherst Baptist Church met the county requirements for preparing and serving meals for MOW clients. Amherst Baptist began preparing meals for the second and fourth

Thursdays of each month. Next, Amherst Presbyterian joined meal preparation for the first and third Thursdays of a month.

When the churches first started, we only had to prepare nine meals for the Amherst Routes. We have grown to 25 to 27 evening meals for the Amherst routes and five to as high as 12 lunch meals for the Temperance/151/Warrick Barn routes. As we grew with clients, more churches joined in to donate meals either once or twice a month. Last year our churches saved MOW approximately \$16,266.

It is simple, and so rewarding, to get started with preparing meals at churches. The church teams are made up of a leader and 3-4 workers to help.

Food requirements are an entrée with protein, two sides (vegetables and/or fruits) and a dessert.

The clients love church meals because of the amounts and surprises they receive.

If your church is interested in becoming a vendor for Blue Ledge, please call

Nancy Banton, 434-942-1752, and she will be happy to discuss and give you a packet of information. We can arrange for your team to visit a current church vendor to observe the process.



Emmanuel United Methodist- 2015



Midway Baptist- 2016



Mt. Moriah Baptist- 2021



Mt. Olive Baptist- 2015



St. Francis of Assisi- 2015

***Our church partners  
and the year they  
began preparing  
meals for us***





# Blue Ledge Meals on Wheels Annual Shelf Stable Food Drive

Each year, Blue Ledge Meals on Wheels - in partnership with the Subaru Share the Love Event - organizes a food drive to collect non-perishable food items for our clients. The goal is to collect and distribute enough goods so that clients have food over the winter months in case bad weather prohibits deliveries.

Please help us by dropping off ***non-perishable, shelf-stable, single serve items*** to one of these two locations between Nov 17 - Dec 19, 2023. Please feel free to make copies and share this flyer everywhere you can!

## **Drop off locations - Thank You!**

Blue Ledge appreciates their support and YOURS!

Amherst County Chamber of Commerce Visitor Center - 328 Richmond Hwy Ste A

Wednesday – Saturday 9am -5pm - Sunday 1pm – 5pm

Amherst Dy Cleaners – 455 South Main Street

Monday – Friday 7am – 5:30 PM - Saturday 9am – 1pm

**Wish-list of suggested items** (cans should be single serving and easy-open)

**Please check the expiration date, as we cannot serve food which has expired.**

Soup(s)  
Crackers/Nabs  
Peanut Butter  
Cereal  
Granola/Energy Bars  
Vienna Sausage  
Beanie-Weenie

Canned/Pouch Tuna  
Small Canned Ham  
Canned Corn Beef Canned  
beans  
Instant Oatmeal  
Applesauce  
Fruit Cups

Canned pasta  
Puddings  
Jell-o  
Bottled Water  
Potted Meat  
Instant Grits



As part of a national partnership with Meals on Wheels America, Subaru of America, Inc. will donate \$250 to the purchaser's choice of participating charities – one of which is Meals on Wheels – for every new vehicle purchased or leased from November 16, 2023, through January 2, 2024.

Since the Subaru Share the Love Event began in 2008, Subaru and its participating retailers have donated nearly 4 million meals and friendly visits to seniors being served by local Meals on Wheels programs across the country. For more information, visit

[www.MealsonWheelsAmerica.org/ShareTheLove](http://www.MealsonWheelsAmerica.org/ShareTheLove).



## Become part of the solution.

Join us in the fight against hunger and isolation. We have a great and present need for volunteer drivers. Our greatest need right now is for substitute drivers. When a regular driver is sick or unavailable we rely on our substitutes to deliver meals on their route. This generally involves plenty of notice before the delivery day, but occasionally and rarely will be within 24 hours. We will train you and offer support every step of the way. Please visit [blueledge.org](http://blueledge.org) or call 434-942-4864 and submit a volunteer application. Your time will make a huge impact in our community.

*Heartfelt thanks to  
all of our donors.*

*Whether you made a one-time  
donation, annual donations,  
monthly donations or  
corporate donations,  
every bit helps  
to keep the wheels turning.*

*Thank you*



Thank you Girl Scout Troop 1315 for donating two boxes of cookies in July for each of our 33 clients. These girls also donated cookies in 2020.





BLUE LEDGE, INC. - MEALS ON WHEELS  
PO BOX 1332  
AMHERST VA 24521-1332

NON PROFIT  
U.S. Postage  
**PAID**  
Lynchburg, VA  
Permit No. 161  
ECRWSS

Local  
Postal Customer

### Supporting Vendors

#### Churches

Amherst Baptist Church  
Amherst Presbyterian Church  
Ascension Episcopal Church  
Central Baptist Church  
Clifford Baptist Church  
Emmanuel Baptist Church  
Emmanuel United Methodist Church  
Midway Baptist Church  
Mt Moriah Baptist Church  
Mt Olive Baptist Church  
St Francis of Assisi Parrish

#### Local Vendors

Amherst Corner Restaurant  
Dogwood Café  
Edith's Rt. 60 Diner  
Mac's General Store  
Subway Amherst  
Subway Apple Market  
Sweet Briar College  
Winton

### Board Members

**President:** Dr Joanna Harris  
**Treasurer:** Sharon Shrader  
**Secretary:** Kelli Hollowell  
**Webmaster:** Sarah Beazley

Glen Mabrey  
Nancy Banton  
Bob Chase

**Founder:** Sam Price  
**Coordinator:** Tammy Martin



**BLUE LEDGE, INC.** PO Box 1332, Amherst VA 24521

**CALL:** (434) 942-4864 **WEBSITE:** [www.blueledge.org](http://www.blueledge.org)